

Each shower is to be done with surgical scrub, fresh wash cloth and towel.

## Three showers are recommended.

**First shower** is two nights before surgery. Bed sheets should be changed before the first night shower.

**Second shower** is the night before surgery. You do not need to change bed linens again, but do use a clean towel and wash cloth.

**Third shower** is the morning of surgery. Again, use a clean towel and wash cloth.

After you have started your surgical prep, it is important you do not sleep with pets. They may reintroduce bacteria to your skin.

Pre Admission Testing 325-670-2886 Preop-325-670-2969

