



# Adult Proxy Form

Thank you for your interest in the FollowMyHealth® at Hendrick patient portal to provide you a convenient and secure way to access to your personal health records from any computer, smartphone or tablet with internet access.

## Instructions for Proxy Access to Another Adult’s FollowMyHealth® Record

To request proxy access to view an adult’s health information using FollowMyHealth®, the **patient or their legal representative** must complete this “Adult Proxy Form” and the “Authorization for Release of Medical Information to Adult Proxy” Form and return to:

Hendrick Health Information Services, 4310 Buffalo Gap Rd., Ste 2000, Abilene, TX 79606  
Phone: (325) 670-2407 Fax: (325) 670-6538  
Monday – Friday 8:00 AM – 4:30 PM and Closed Holidays

After the form is received and verified, you will receive an e-mail with further instructions. In order to set up a proxy account, you must first have your own FollowMyHealth® account that can be set up by logging into: [www.hendrickhealth.org/FollowMyHealth](http://www.hendrickhealth.org/FollowMyHealth)

### Patient’s Information: (The person whose FollowMyHealth® record is being requested)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Print Name (Last, First, Middle Initial) Date of Birth

\_\_\_\_\_  
Street Address City State Zip

\_\_\_\_\_  
Last 4 of SS# Phone Number Email Address

### Proxy Information: (Person viewing patient’s record)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Print Name (Last, First, Middle Initial) Date of Birth

\_\_\_\_\_  
Street Address City State Zip

\_\_\_\_\_  
Last 4 of SS# Phone Number Email Address

\_\_\_\_\_  
Relationship to Patient

I acknowledge that I have read and understand this FollowMyHealth® Sign-up Form.

\_\_\_\_\_  
Signature of Patient (or authorized person) Date

\_\_\_\_\_  
Proxy Signature Date

**Please include a copy of your identification (i.e. driver’s license, passport) as this will need to accompany your request for access to FollowMyHealth®.** If additional information is needed for verification a representative from Hendrick Information Services will contact you. Please allow up to 5 business days to complete your request.

