

INSPIRED

CELEBRATING THE MISSION & MINISTRIES OF FIEDRICK



Hendrick Health is a unique place. And to be honest, unique is probably not a strong enough word, so most of the time I just call us a unicorn. In fact, I refer to our system as a unicorn so often that for my birthday this past October, my staff actually filled my office with 47 inflatable unicorns.

So, why a unicorn? Well, the answer is simple, you just don't see health systems like Hendrick anymore. Hendrick is unlike any other healthcare institution in the country:

- We are a Christian organization, founded on a mission of "excellence and compassion consistent with the healing ministry of Jesus Christ;"
- We are a non-profit, which means any financial successes are not distributed to shareholders they are reinvested back into the community's healthcare system to ensure top quality care for the Big Country;
- We are the white collar, blue collar, self-pay, charity care, uninsured, under-insured, VIP, one-stop shop for ALL of the more than 450,000 patients in our 24-county region;
- We are not financially supported via a hospital district tax, helping to ensure a better cost of living for our neighbors by keeping their taxes low; and
- We are locally owned, governed and managed, and we have been caring for this community for more than 97 years.

We created *Inspired Impact* to share just a few of our unique healthcare ministries at Hendrick Health. In 1924, we were founded on a (1) Christian mission and through (2) philanthropic dollars. Our continued growth and service to this community are dependent on those two things never changing.

My hope is that you will be inspired by these impactful stories and that you will choose to partner with us by making a financial gift to one of these important ministries. The stories in this publication are examples of how we take our mission off just 'our walls' and put it into action 'in our halls.'

But we need your help. Hand in hand, we can work together to ensure Christ-centered, affordable and accessible healthcare in Abilene,

Brownwood and the Big Country for another century.

Sincerely

Brad Holland President and CEO Hendrick Health



Thank you for your generous support of these ministries at Hendrick Health.

Donations by mail can be sent to: Hendrick Medical Center Foundation 1900 Pine Street Abilene. Texas 79601-2432 If you have any questions or would like to discuss something with our office, please contact Hendrick Health Foundation Vice President Brad Benham at bbenham@hendrickhealth.org or 325-670-2628.

HENDRICK CHILDREN'S HOSPITAL + NICU Wrapped for Love and Safety

When a baby is staying in one of our neonatal intensive care units (NICU), our doctors, nurses, therapists and the entire clinical team work tirelessly to care for each of our smallest patients, helping them become strong enough to go home with their families. A NICU stay is hard and can be overwhelming for any family, but taking your baby home brings its own challenges and fears. While all newborns are at risk of injuries while sleeping, like suffocation or SIDS, this can be an even heightened concern for babies born prematurely. The NICU multidisciplinary team is committed to equipping each family with the necessary tools and education to care for their fragile infant. Our goal is to model safe sleep in the hospital, including the use of a sleep sack, so families can continue these practices at home. Your donation to Children's Miracle Network Hospitals will help us protect the tiniest members of our community with the gift of a sleep sack to take home at NICU graduation.



SUGGESTED GIFT: \$9

Provide one sleep sack for a baby in the NICU

DREAM BIG GIFT: \$25,875Provide safer sleep for the entire NICU for one year

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HENDRICK LEAGUE HOUSE A Nome Away from Home

In 1986, Hendrick partnered with the Junior League of Abilene to officially open the Hendrick League House. Throughout the past 35 years, the 28-room facility has been an affordable place for patients and families to rest and relax, while being in close proximity to their healthcare providers or to their loved one staying in the hospital. Often used by women who are unable to drive home between daily treatments while undergoing radiation therapy for breast cancer or by parents of a premature baby receiving care in the NICU, the Hendrick League House offers families chaplaincy services, 24/7 security and first-rate amenities in the hopes of adding some comfort to an uncomfortable situation. While there is a recommended nightly charge, Hendrick Health's various philanthropic accounts step in to assure that no one is turned away because of an inability to pay. Your donation would allow Hendrick League House to provide a 'home away from home' for patients and their families.



SUGGESTED GIFT: \$40One-night stay at Hendrick League House

DREAM BIG GIFT: \$280One-week stay at Hendrick League House

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SUGGESTED GIFT: \$85-\$150

Purchase a compression sleeve and gauntlet for a patient experiencing lymphedema following breast cancer treatment

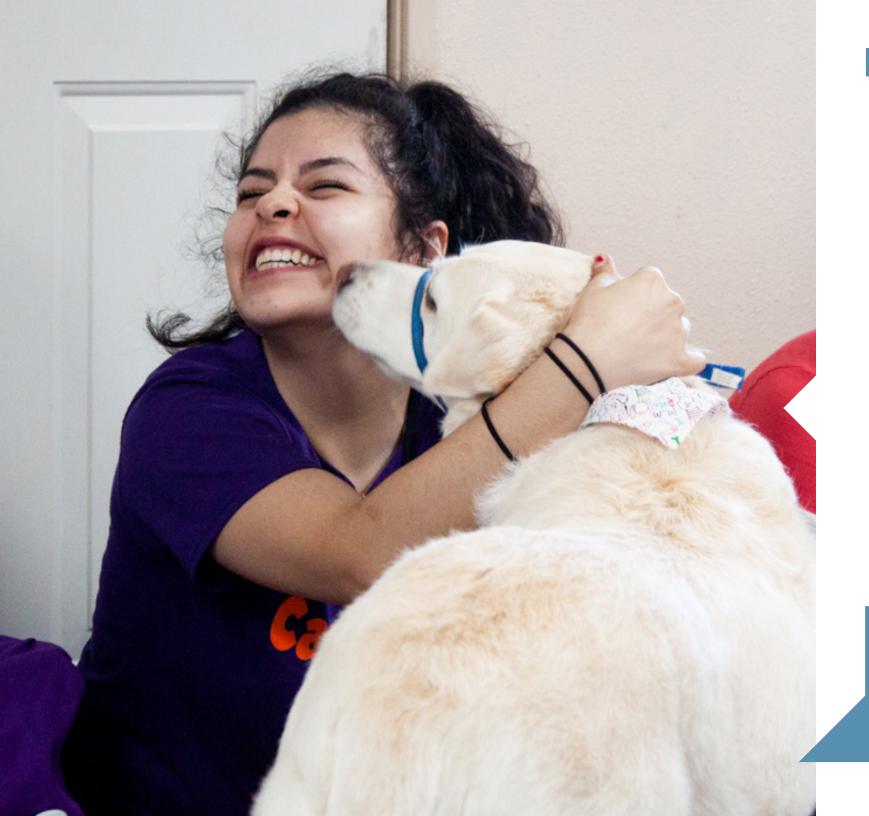
DREAM BIG GIFT: \$20,000

Cover all lymphedema patients served by The Hope Fund for one year

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One in eight women will develop breast cancer during the course of their lifetime. Often breast cancer treatment involves a combination of surgery, chemotherapy or radiation. Treating breast cancer, however, is not without side effects. A common reaction to breast cancer treatment is lymphedema, which is swelling in the arm, hand or chest wall. Lymphedema is an uncomfortable condition for which there is no known cure. It can be managed though therapy and specialized medical garments. In addition to funding mammograms for women without insurance, The Hope Fund by Hendrick Health provides specialized medical garments to patients experiencing lymphedema as a result of breast cancer surgery or treatment. These garments are often not covered by traditional insurance; therefore, the generosity of our donors partnered with our local caregivers allow us to offer these garments to help speed up the recovery process. Your gift to The Hope Fund will equip us with the funds needed to better serve these patients in our community.

Arm-in-Arm in the Fight Against Breast Cancer THE HOPE FUND



HENDRICK HOSPICE CARE Kids Finding a Community & Courage through Loss

Experiencing a loss of someone you love, whether by death, divorce or other form of separation, is a painful experience. Grieving children often struggle to identify and express the confusing emotions of grief. Even the most caring parents and guardians may be unable to support them while they struggle with their own sense of loss.

Hendrick Hospice Care started Camp Courage and Club Courage to provide peer support groups, camps and counseling for children and teens who have experienced a loss through death, divorce, separation, deployment, incarceration and other painful transitions. Children participate in activities that promote self-esteem, encourage self-healing and provide an outlet for unexpressed emotions. Registered nurses, chaplains, grief counselors, former campers and other trained professionals join together to create a supportive environment to help each child develop healthy coping skills through a variety of grief exercises. Over the course of a normal year, these programs serve approximately 200 kids in our community.

Annually, donors have stepped up to partner with Hendrick Hospice Care and their generosity has allowed these kids to attend Camp Courage and Club Courage entirely free of charge. Your continued support of Camp Courage and Club Courage will help provide access to these valuable resources for children in the Big Country.

SUGGESTED GIFT: \$450Sponsor one child at Camp Courage (three days/two nights)

SUGESSTED GIFT: \$222

Sponsor one child for Club Courage's six-week grief recovery program

DREAM BIG GIFT: \$62,881Cover all kids who attend Club Courage, Camp Courage and Camp Courage Jr. for an entire year



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LEGACY & MEMORIAL GIFTS TO HENDRICK HEALTH A Lasting Gift, A Lasting Legacy

Few people have had a greater impact or left a more lasting legacy on healthcare in our area than Dr. Virginia Boyd Connally, who passed away at age 106 in 2019. Dr. Connally was a true trailblazer in the Big Country — holding the honor of being the first female to serve as a physician in Abilene, president of the Taylor-Jones County Medical Society, Chief of Staff at Hendrick Health, and as a deacon at Abilene's First Baptist Church. Dr. Connally was also incredibly generous and often gave books as gifts. Her favorite was Oswald Chambers' devotional book, "My Utmost for His Highest," which she provided to every high school graduate from First Baptist for decades.

Dr. Connally's amazing life and works left an indelible impact on her medical colleagues at Hendrick Health, as she truly personified giving your "Utmost for His Highest" and daily lived out our mission of providing "high quality healthcare emphasizing excellence and compassion consistent with the healing ministry of Jesus Christ."

Even though she has passed, Dr. Connally's work at Hendrick Health is not done. Her lasting memory and legacy, along with a generous gift through her estate, help ensure that the people of the Big Country will always have access to excellent and compassionate Christ-centered healthcare.



SUGGESTED GIFT: ANY AMOUNT

Honor and support a doctor, nurse or caregiver in your life with a gift to the Hendrick Health Foundation

DREAM BIG GIFT: LEGACY GIFT

By contacting your attorney or a simple change in beneficiary designation, you can establish a legacy gift through your memorial, will, trust or estate plan. If you have any questions, contact the Hendrick Health Foundation at 325-670-2628

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SUGGESTED GIFT: \$20.21

Partner with the Auxiliary by making a gift of \$20.21 to support their good works during the 2021 calendar year

DREAM BIG GIFT:

Become a volunteer at a Hendrick Health campus by joining the Auxiliary. Learn more at hendrickhealth.org/volunteer-services



hendrickhealth.org/inspired-impact

Even masks cannot hide the smiles and kindness shown daily on our campuses by our army of volunteers — known collectively as the "Hendrick Auxiliary." Webster defines 'auxiliary' as "offering help." But each day in our halls, our volunteers are more than just helpers — they are an integral part of our healing team. From guiding our patients through our facilities to working at the welcome kiosks and gift shops, the members of our Auxiliary are the face of Hendrick hospitality.

Last year alone, our volunteer team (which is made up of adult, junior, student and even pet volunteers) logged more than 14,522 hours of service to our community, despite the pandemic preventing them from serving for several months. As soon as permitted, our volunteers quickly returned to our halls to offer guidance to patients, directions to visitors and words of prayer and comfort to all in need. The Hendrick Auxiliary's various projects and activities also raise important funds that are reinvested back into local healthcare scholarships, hospital priorities and community initiatives.

The Face of Kindness
HENDRICK AUXILIARY



SUGGESTED GIFT: \$5PPE for two people visiting a loved one on a COVID unit or COVID ICU

DREAM BIG GIFT: \$500
PPE for 200 people visiting a loved one on the COVID unit or COVID ICU room



room

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In early 2020, Hendrick Health leadership quickly began preparations to fight the COVID-19 pandemic — attempting to anticipate the unknown — from identifying areas where ICU capacity could extend to obtaining additional ventilators and enough personal protective equipment (PPE) for our caregivers. Nearly two years later, after many lives saved, too many lives lost and numerous lessons learned, Hendrick Health remains on the frontlines of the pandemic, dedicated to providing high quality and compassionate care to every patient.

Hendrick Health hospitals have cared for hundreds of patients diagnosed with COVID-19 since March 2020. For months, hospitalized patients battling COVID could not have loved ones visit their rooms. Today, thanks to special equipment that improves airflow in these rooms and a set of PPE, loved ones can spend time at the bedside with COVID patients. Visitors to COVID patients put on single-use PPE sets before entering the patient room and remove the PPE just outside the room to avoid spreading the virus. However, these simple pieces of plastic and cloth help make a world of difference to patients who are fighting this virus. Your donation to the Hendrick Health general fund helps us continue to offer complimentary services, like this PPE, and allows us to better care for patients and their families more fully.

Frontlins + Families VISITATION + PPE

HENDRICK REGIONAL BLOOD CENTER

Hendrick Regional Blood Center is the supply source for 15 area hospitals and is dependent on donations from our neighbors in the community to keep our region protected and hospitals ready. Adequate blood reserves are essential to help patients of all ages survive surgeries, undergo critical cancer treatments, recover from chronic illnesses and even survive traumatic injuries. And this life-saving care starts with one person who is willing to take the time to make a generous donation and to help save someone they may never

get the chance to meet.

The need for blood is constant, but only about 5 percent of those eligible donate blood yearly. And like so many other things in our world, the COVID-19 pandemic took a toll on our community's blood reserves. The pandemic led to fewer individuals donating, as well as fewer companies and community organizations hosting blood drives with the Hendrick Bloodmobiles. No matter your blood type – you are the 'type' of person who can make a difference and help save a life in this community.

Visit hendrickbloodcenter.org for more information on how you can donate and/or set-up a blood drive for your organization.





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Covering our Counties with Care

Hendrick Health was founded in 1924 by visionary leaders who dreamed of better healthcare for their neighbors in the Big Country. As the regional healthcare provider for almost a century, Hendrick Health continues to grow as the communities around it grows and is focused on providing access to care where patients need it, when they need it. Today, with two hospitals in Abilene, one hospital in Brownwood and clinics throughout our service area, we serve a 24-county region, which makes up about 9 percent of the landmass of Texas.

As a faith-based institution, Hendrick Health is proud to continue its legacy through its commitment to expand access to medical care throughout the Texas Midwest region, while holding true to its mission of delivering "high quality healthcare emphasizing excellence and compassion consistent with the healing ministry of Jesus Christ."

Hendrick Health takes that Christian mission seriously through daily service to the people of this region and by showing each of them dignity and care, regardless of their ability to pay.